



8 Things to Tell Yourself on Monday Morning

Strong identity statements for leaders who want to begin Monday grounded and clear.

Powered by:



1

*"I can face this week one
clear decision at a time."*

You are steady enough for
what's ahead.



2

*“Not every problem is mine
to carry.”*

Your value shifts from answers to
the problems you define, the clarity
you create, and the people you
grow.



3

*“My value is not in
knowing everything.”*

You are enough even when
you don't have every
answer.



4

*“I can care deeply but my
peace matters too.”*

Holding emotions with
boundaries is sovereignty.



5

“My pause creates clarity.”

You can trust yourself to
respond, not just react.



6

*“I can trust others to own
their part.”*

You do not have to carry
this alone.



7

*“I do not need to solve
everything today.”*

You are enough without
proving it.



8

*“I am the right person for
this season of leadership.”*

You belong here.

